


SWING TIMES



A Publication of the San Diego Swing Dance Club

AUGUST 2025

"Dance is the joy of movement and the heart of life." – Unknown

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Swing Night Out (Oceanside)
3  John Nagel	4	5	6 Westie Groove @ Infinity	7	8 DanceDiego @ DanceHQ	9 Vintastic Dance Party @ Studio K
10 Meredith & Larry	11	12	13 Westie Groove @ Infinity	14	15 Friday Night Corral @ DanceHQ	16 WCS Dance @ Starlight
17 ALOHA Meredith & Larry	18	19	20 Westie Groove @ Infinity	21	22	23 WCS Dance @ Starlight Vintastic Dance Party @ Studio K
24 David & Trish Walkup	25	26	27 Westie Groove @ Infinity	28	29	30
31 Mercedes Moore						

JOIN US EVERY SUNDAY AFTERNOON

Lesson(s) start promptly at 1:30 PM. Social dancing to follow at 2:30 PM.

BIG BALLROOM

Aug 3 – John Nagel: Night Club Two Step
 Aug 10 – Meredith and Larry: Intermediate WCS
 Aug 17 – Meredith and Larry: Intermediate WCS
 Aug 24 – David and Trish Walkup: Intermediate WCS
 Aug 31 – Mercedes Moore: Single Step Swing, Jitterbug

SMALL BALLROOM

Aug 3 – Intro to WCS
 Aug 10 – Intro to WCS
 Aug 17 – Intro to WCS
 Aug 31 – Intro to WCS

NOTES FROM US TO YOU



President | Meredith Anderson

HAPPY AUGUST! July was such a fun month at the San Diego Swing Dance Club! Each and every one of you make this club work. Sharing your love for dance and music continues to grow this club. Last count we have 257 members! If you see your name on the boards at the front desk, don't forget to renew your membership. We are still a cash or check only venue so if you need to renew or you invite new people, make sure to have one of those options on hand. Also, if you do invite someone make sure that they know that there is no beginning lesson on the 4th Sunday of the month and this month we have the band on the 5th Sunday so there will be no free entry that day. We don't want to discourage anyone by confusing them. That being said, please invite friends!

We had a huge crowd July 13th with 128 people dancing together. It's so nice to see everyone so happy. We have so many exciting events coming in August. Fatima has lots of fun in store for us mid month so read her announcement and please, if you can, reach out to her to volunteer. This club takes a lot to run and we can use your help!

Lastly, I want to let everyone know that I have contacted the new owners about the floors and they have promised to address the issue. Again thank you for being a part of this club! Let's continue to share the joy of dance!



Activites Director | Fatima Zaki

On July 6th The SD Swing Dance Club enjoyed a post 4th of July celebration complete with Lisa's patriotic decorations from floor to ceiling. It was a great turnout and July birthdays were celebrated with cake and some treats brought in by members.

August will include birthday cake on Sunday, 8/3. SDSDC is scheduling a special event for Sunday, August 17th the theme of which is a **Summer Aloha Party** along with **potluck treats**. Wear tropical and be creative. Anyone for a Hula Dance? I'm in.



Vice President | Vinh Mines

Starting Saturday, August 9th, I'll be hosting a brand-new dance every 2nd & 4th Saturday of the month called Vintastic Dance Party – and you're invited! Join us at Studio K's brand-new 3rd studio from 7 PM to midnight for an unforgettable night of lessons and dancing. 9330 Clairemont Mesa Blvd E, San Diego, CA 92123 - Corner of Clairemont Mesa & Ruffin Road.

We'll be spinning a California mix of WCS, C2S, NC2, and more – with plenty of room for your requests to keep the floor moving and the energy high. Mark your calendars, bring your friends, and get ready to make every Vintastic night one to remember!

WELCOME NEW SDSDC MEMBERS

Howard Bossart
Jennifer Richardson

Claire Sosna
Doug Faber

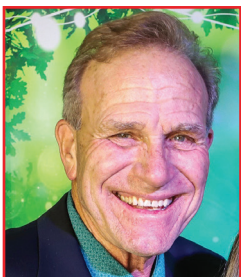
TOTAL MEMBER COUNT

257



Newsletter Editor | **Taylor Frederking**

You're all having an epic summer! I've loved seeing the joy and energy from afar. I'm excited to share that I'll be back in San Diego the weekend of August 22nd to ring in my birthday. I can't wait to see you on the dance floor. And to my fellow August babies, let's celebrate in style!



Dance Director | **Geoff Burns**

August 3rd: John Nagel John is a staple on the San Diego dance scene. He has been teaching partner dances for decades. Everything from Cumbia to Country Western Two Step. Despite this very busy schedule the San Diego Swing Club has been able to procure this

talent for an afternoon of Night Club Two Step. So come on out and put a little NC2S into your life. It will make you a better person.



August 10th & 17th: Our very own **Meredith** and **Larry** will be teaching the intermediate West Coast Swing Class.

August 24th: David Walkup and Trish Connery Walkup

David Walkup and Trish Connery Walkup are trained dancers, teachers, choreographers, competitors, and judges specializing in partner dances. They are based in San Diego. They began dancing in the mid-to-late 1990's — he in San Diego on the United Country Western Dance Council (UCWDC) circuit, she in Los Angeles on the West Coast Swing circuit. They joined forces in 2006 after meeting at a dance convention. Both are award winning dancers — David holds four UCWDC worlds Championships and a US Open Swing Dance Championship. Trish holds five UCWDC Worlds Championships, is a California Swing Dance Hall of Fame Rising Star, and many top placements in various WCS competitions. Together they have over 30 years of experience in the dance community, teaching a variety of dance styles. Two of the most talented teachers on the west coast. Do not miss this chance of a lifetime.



August 31st: Mercedes Moore Her maiden voyage as a Swing Club Instructor was such a success we are bringing her back for an encore. Mercedes Moore is a dedicated Swing Dance Instructor. Known for her friendly and approachable teaching style, Mercedes is passionate about helping students master the fundamentals of swing dance while having fun. Her encouraging nature inspires dancers of all levels to bring their best to the dance floor. Whether you're just starting or looking to refine your skills, Mercedes creates a welcoming environment that makes learning swing dance an enjoyable and rewarding experience.



GETTING TO KNOW EACH OTHER BETTER

Interviews with Meredith Anderson

AUGUST FEATURE: Taylor Frederking



Born and raised in Broomfield, Colorado, Taylor grew up loving the outdoors, playing volleyball, and working weddings across the state where her passion for the hospitality industry first took root. She went on to play collegiate volleyball at Fort Lewis College while studying Graphic Design and Marketing. After graduation, she joined Denver-based corporate event agency Unbridled Solutions, where she's now celebrating 10-years of tenure and currently serves as Director of Business Development. **Her career has taken her around the world, creating unforgettable experiences for clients and connecting with people from all walks of life.**

A lifelong adventurer, Taylor is most at home outside – whether she's camping, fly fishing, scuba diving, hiking, paddleboarding, playing pickleball, or soaking up a beach day. She's also a creative at heart, with a deep love for art, calligraphy, photography, and travel.

Above all, she loves spending time with her loved ones.

Taylor's dance journey began in 2022 with an impromptu visit to The Grizzly Rose, a country bar in Denver. That night sparked an unexpected love for partner dancing – an art form that brought connection, creativity, and joy during a pivotal time in her life. After relocating to San Diego, she set out to find country dance venues through Facebook groups and found a Two-Step lesson at Dance Headquarters with world champions David and Trish Walkup, hosted by something called the SDSDC. **She showed up in boots, not knowing a soul, and left with a new passion: West Coast Swing.** Its unique blend of structure, stretch, refinement, and playfulness immediately captivated her, and the warm community kept her coming back.

Taylor quickly became involved with SDSDC, serving two years as the Events and Activities Director and now as the club's Newsletter Editor while splitting her time between Colorado, California, and beyond. She's currently embracing a year of



adventure, connection, and growth through her latest venture, Traveling Dancers – a passion project she's building with her mom (whom many of you have met!), Amy Thomas. **Their mission is to elevate dance experiences by pairing people with places to dance. Through community-driven insight, tailored solutions, and curated resources, they aim to help dancers navigate the shared journey that connects us all.** The project launches in Denver this fall, with a San Diego celebration to follow this winter. Learn more at www.travelingdancers.com and give them a follow!

*Taylor credits many of the SoCal dance spots featured on Traveling Dancers to **her first SDSDC friend, Craig Helm** (who also happened to be wearing country gear the day they met). He quickly became “Uncle Craig,” guiding her through the local dance scene and introducing her to the best Country, West Coast Swing, and Salsa spots across Southern California. She extends heartfelt thanks to him AND each and every one of **you** for inspiring her newest venture!*



MEET THE TEAM

SAN DIEGO SWING DANCE CLUB, INC.
BOARD OF DIRECTORS

2025-2026 Executive Board

President..... Meredith Anderson
Vice President Vinh Mines
Membership Jody Kravitz
Treasurer..... Marlynn Peak
Secretary..... Kathy Hord
Newsletter Editor..... Taylor Frederking
Activity Director..... Fatima Zaki
Dance Director..... Geoff Burns
Hospitality Director..... Larry Clendenin
Publicity Director..... Maria Tee

Appointed by the Board

Webmaster..... Jody Kravitz
Member At Large Larry Armstrong
Member At Large Lisa Simmons

AUGUST BIRTHDAYS

01	Ali Afrouzi	18	Charlie Bird
06	Jon Wright	19	Tom Mountain
08	Bob Carter	20	Marina Davidovskaya
08	Glenn Haight	20	Sylvia Nielsen
08	John Barck	20	Taylor Frederking
09	Tom Cottrell	21	Dawn Wood
15	Ione Bauman	24	Edward Rodriguez
16	Jeanne Corso	24	Rita Haverkamp
16	Larry Armstrong	25	Barbara Carter-Moore
18	Angela Acfalle	25	Sophie Chung
18	Cat Gautieri		

HAPPY BIRTHDAY!

The club will provide cake and supplies to celebrate birthdays on the 1st Sunday of the month.



MARGARET SAYS:

Classes not only improve your dancing, **they improve your social life!** So if you aren't getting asked to dance as much as you'd like, don't get BITTER, **get BETTER!**

ABOUT SDSDC

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of Swing Times newsletter. If you haven't been to the dance in a while, stop by soon so you can continue to enjoy dancing, fun, and friendliness that makes the SDSDC so special.

For more information please visit
www.sandiegoswingdance.com

VIRTUAL FEEDBACK FORM:



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THIS NEWSLETTER WAS
MADE WITH LOVE BY TAYLOR
IN MONTANA.