

SWING



TIMES

A Publication of the San Diego Swing Dance Club

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 1 Trish + David Walkup	2	3	4 Westie Groove @ Infinity	5	6	7 Swing Night Out (Oceanside)
8 Meredith Anderson	9	10	11 Westie Groove @ Infinity	12	13 DanceDiego @ DanceHQ	14 Parker's OGSD @ DanceHQ
 15 Meredith Anderson St. Patrick's Day Party	16	17  *HAPPY ST. PATRICK'S DAY*	18 Westie Groove @ Infinity	19	20 Friday Night Corral @ DanceHQ  HELLO SPRING	21 WCS Dance @ Starlight
22 Jade Bryan	23	24	25 Westie Groove @ Infinity	26	27	28 WCS Dance @ Starlight
 29 Mercedes Moore Mercedes Moore Band	30	31  <i>"There's no better dance than the one that comes from the heart."</i> – Benito Antonio Martínez Ocasio (Bad Bunny) 				

JOIN US EVERY SUNDAY AFTERNOON

Lesson(s) start promptly at 1:30 PM. Social dancing to follow at 2:30 PM.

BIG BALLROOM

1st – Trish and David: Country Two Step
 8th – Meredith: Intermediate WCS
 15th – Meredith: Intermediate WCS
 22nd – Jade: Intermediate/Advanced WCS
 29th – Mercedes: Swing

SMALL BALLROOM

1st – Intro to WCS
 8th – Intro to WCS
 15th – Intro to WCS
 22nd – **No Intro to WCS Class**
 29th – Intro to WCS



NOTES FROM US TO YOU



President | Meredith Anderson

As March rolls around and we move into Spring, there is a lot of fun in store at the SDSDC! Check out the professional instruction that Geoff has scheduled for you as well as our St. Patrick's Day celebration that will be decorated by our own Lisa Simmons who generously puts her heart and soul (and a lot of work) into our parties. On that note, we need to start thinking about board nominations. This club does not run itself. A lot of hard work goes into it, so if we are to continue to have a great club, we need to have members consider thinking about getting on the board. We are currently without an Activities Director but thanks to the generous contributions of Liz Delke and our current board we are continuing to have all of our events. Elections are coming up in the next couple of months and if you are interested in any position, come see me. I want to thank all of you for showing up each week and welcome all of our new members.



Newsletter Editor Taylor Frederking

It was SO great to see so many of you last month! Over the past year, I've visited quite a few places to dance

through Traveling Dancers, and I can honestly say there's no place quite like the SDSDC. We're so **lucky** to share this amazing, one-of-a-kind community!

UPCOMING ACTIVITIES

Mar 15: St. Patrick's Day Celebration

Mar 29: Mercedes Moore Band

Apr 12: "Disco" themed Party and April Birthdays Celebrated. *In honor of "dual" birthdays, Larry and Maria sponsor the Alias band and Parker will teach Advanced WCS!*

May 3: Cinco de Mayo Party

May 10: Mother's Day

May 16: Spring Banquet Party

May 24: Memorial Day Dance

June 21: Father's Day Celebration

GUESS WHO?!

Last month's guess was our long time member **Mark Dudenhoeffer**. Originally from Cincinnati, Ohio, Mark went to UC Santa Barbara. His family ended up in San Diego where they owned and operated Dudenhoeffer Fine Jewelry. Mark's older brother and sister who were a year apart started having combined dance parties at their house when he was a young boy and he couldn't resist the fun and started joining in dancing with all the cute older girls. It was swing dancing of course! Looks like not much has changed.



UP NEXT →

Answer to be featured in the next newsletter!



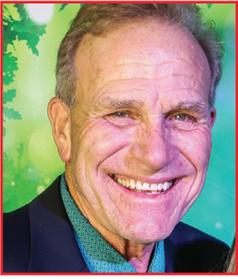
WELCOME NEW SDSDC MEMBERS

Randy Shimabukuro
Courtney Pollman-Turner
Justin Turner

Marina Swanson
Lisa Klink
Dan Woolery

Karen McEntrie
Wayne Allen

MEMBER COUNT = 251 AND GROWING!



Dance Director | **Geoff Burns**

March 1st: David Walkup and Trish Connery Walkup **TEACHING COUNTRY TWO STEP**

They began dancing in the mid-to-late 1990's. He in San Diego on the United Country Western Dance Council (UCWDC) circuit, she in Los Angeles on the West Coast Swing circuit. They joined forces in 2006 after meeting

at a dance convention. Both are award winning dancers! David holds four UCWDC worlds Championships and a US Open Swing Dance Championship. Trish holds five UCWDC Worlds Championships, is a California Swing Dance Hall of Fame Rising Star, and many top placements in various WCS competitions. David and Trish are trained dancers, teachers, choreographers, competitors, and together they have over 30 years of experience in the dance community, teaching a variety of dance styles including Country 2-Step, West Coast Swing, and Hustle.



March 8th and 15th: Meredith Anderson **TEACHING INTERMEDIATE WCS**

Our very own Meredith Anderson will be teaching the Intermediate class!



March 22nd: Jade Bryan **TEACHING INTERMEDIATE/ADVANCED WCS**

Jade began dancing at age three, training in jazz, tap, ballet, and hip-hop. At 17, she discovered partner dancing and began training at Fred Astaire Dance Studio. After three years, she started competing in American Smooth, American Rhythm, and West Coast Swing. Today, Jade is an independent instructor teaching throughout San Diego County and across the U.S. She currently competes in the All-Star division for West Coast Swing and earned the title of Top Follow in the NASDE circuit in 2017. When she's not traveling, Jade supports the local dance scene by teaching private lessons, leading group classes, and deejaying at local events.



March 29th: Mercedes Moore **TEACHING SWING**

Known for her friendly and approachable teaching style, Mercedes is passionate about helping students master the fundamentals of swing dance while having fun. Her encouraging nature inspires dancers of all levels to bring their best to the dance floor. Whether you're just starting or looking to refine your skills, Mercedes creates a welcoming environment that makes learning swing dance an enjoyable and rewarding experience.



It's that time of year to start putting names in the hat! If you're interested in serving on the SDSDC Board, please reach out to a board member.

MEET THE TEAM

SAN DIEGO SWING DANCE CLUB, INC.
BOARD OF DIRECTORS

2025-2026 Executive Board

President..... Meredith Anderson
Vice President Vinh Mines
Membership Jody Kravitz
Treasurer..... Marlynn Peak
Secretary..... Kathy Hord
Newsletter Editor..... Taylor Frederking
Activities Director..... OPEN
Dance Director..... Geoff Burns
Hospitality Director..... Larry Clendenin
Publicity Director..... Maria Tee

Appointed by the Board

Webmaster..... Jody Kravitz
Member At Large Larry Armstrong
Member At Large Lisa Simmons

Next Board Meeting: April 12th at 12:00 PM

ABOUT SDSDC

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of Swing Times newsletter. If you haven't been to the dance in a while, stop by soon so you can continue to enjoy dancing, fun, and friendliness that makes the SDSDC so special.

For more information please visit
www.sandiegoswingdance.com

FEEDBACK FORM:



MAILING ADDRESS:

San Diego Swing Dance Club
4231 Balboa Ave #784
San Diego, CA 92117

BIRTHDAYS

02	Garry Schaeffer	16	Sarah Cox
05	Dennis Keith	17	Yvonne Davis
06	Dennis Kane	18	Cathy Lesnick
08	James Shiner	18	Velvita deLeeus
09	Dominique Lenoir	20	Dennis Selich
09	Rodney Friedman	20	Julie Harper
11	Beth Rosenthal	21	Dennis Panek
12	John Seale	22	Rowena Dorsey
14	Claire Peterson	24	Margaret Willette
14	Jordan Taylor	27	Roger Reynolds

HAPPY BIRTHDAY!

The club will provide cake and supplies to celebrate birthdays on the 1st Sunday of the month.

WCS TIP OF THE MONTH

CONNECTION OVER CHOREOGRAPHY

WCS isn't about how many patterns you know, **it's about how well you connect.** This month, challenge yourself to dance fewer patterns and listen more. Try this on the dance floor:

- **Lighten your grip.** A relaxed hand improves sensitivity and prevents "over-leading" or anticipation.
- **Pause on purpose.** Let moments of stillness enhance musicality instead of rushing to the next move.
- **Match your partner's energy.** Adjust your tone, stretch, and speed to meet them where they are.

The best dances aren't memorized, **they are felt!** Whether you're social dancing or training for comps, a **strong connection** turns even the simplest basics into memorable dances.

**THIS NEWSLETTER WAS
MADE WITH LOVE BY TAYLOR
IN GREEN VALLEY, AZ.**