

SWING



TIMES

A Publication of the San Diego Swing Dance Club

August 2026

★★ *San Diego* ★★
SWING DANCE CLUB
WESTERN
Theme Party!

PULL ON YOUR BOOTS AND JOIN US FOR AN AFTERNOON OF DANCING, FUN, AND WESTERN FLAIR!

★ **SUNDAY** ★
AUGUST 16
★ 1:00 PM – 5:00 PM ★

★ **SAN DIEGO DANCE HEADQUARTERS**
5035 Shawline Street
San Diego, CA 92111

Dress in your favorite Western attire—cowboy hats, boots, denim, fringe, and more—and enjoy an afternoon of West Coast Swing, country favorites, and social dancing.

★

★ WHETHER YOU'RE A SEASONED DANCER OR TRYING IT FOR THE FIRST TIME, EVERYONE IS WELCOME. ★

Come celebrate with great music, friendly dancers, and a little Western spirit on the dance floor!

★ **Y'ALL DON'T WANT TO MISS IT!** ★

JOIN US SUNDAY AFTERNOONS

Warm up at 1:00 PM - Lesson(s) start at 1:30 PM.
Social dancing to follow at 2:30 PM.

August 2

- Liza Marians teaches: Country 2Step
- Meredith Anderson teaches: Intro to WCS
- DJ: Chris Tan

August 9

- Vinh Mines teaches: Intermediate WCS
- Meredith Anderson teaches: Intro to WCS
- DJ: Vinh Mines

August 16

- Vinh Mines teaches: Intermediate WCS
- Meredith Anderson teaches: Intro to WCS
- DJ: Jody Kravitz
- Wild West Party - **wear your favorite Western attire - denim, fringe, boots, etc.**

August 23

- Parker Dearborn teaches:
Intermediate/Advanced WCS Class - \$10 + admission. No late admissions to the lesson.
- No Intro to WCS lesson
- DJ: Vinh Mines

August 30

- Mercedes Moore (& Band) teaches: Swing
- Meredith Anderson teaches: Intro to WCS
- Live Band - No free passes
- DJ: Jody Kravitz (before lesson and on Band breaks)

Dance first. Think later. It's the natural order.

— Samuel Beckett

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Let's Dance



Dance Director | David Walkup

Welcome to another month of dancing, friendship and fun! I encourage you to smile and remember that dancing is about enjoying yourself as much as perfecting your moves. Your positive attitude helps make our club welcoming for everyone.

AUGUST 2: Liza Marians

COUNTRY 2STEP

Liza Marians is a friendly, patient, and talented dance instructor who has been choreographing and teaching wedding dances and a variety of social dances in San Diego for 25 years. She's been competing in the country dance circuit for four years and has won awards in country two step and West Coast swing. She loves what she does and is grateful that she gets to spread the joy of dance every day!



AUGUST 9 & 16: Vinh Mines

INTERMEDIATE WEST COAST SWING

Vinh Mines is a past president of the San Diego Swing Dance Club. He is a prominent San Diego based dancer, instructor, and event host, specializing in West Coast swing and other social partner dances. He is highly active in the Southern California dance community and is known for his approachable teaching style. He focuses on social dancing and making learning easy so even beginners can enjoy themselves.



AUGUST 23: Parker Dearborn (\$10 extra)

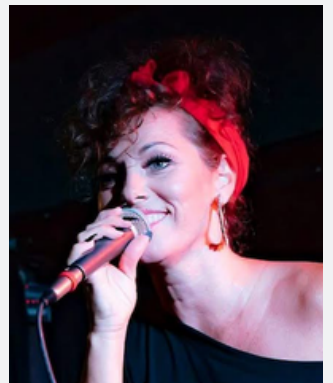
INTERMEDIATE/ADVANCED WEST COAST SWING

From an early age, Parker found his calling on the dance floor. He is a teacher, judge, emcee and promoter of west coast swing with numerous world titles to his credit. Parker's true talent lies in his ability to make the complex feel simple. He breaks down difficult movements into easy segments, making every lesson an educational experience.



AUGUST 30: MERCEDES MOORE (& BAND) (NO FREE PASSES) SWING

Known for her friendly and approachable teaching style, Mercedes is passionate about helping students master the fundamentals of swing dance while having fun. Her encouraging nature inspires dancers of all levels to bring their best to the dance floor. Whether you're just starting or looking to refine your skills, Mercedes creates a welcoming environment that makes learning swing dance an enjoyable and rewarding experience.



NOTES FROM US TO YOU



President | **Larry Armstrong**

What a wonderful July it was for our swing dance club! I want to thank each of you for bringing your energy, enthusiasm, and friendship to the dance floor. It is always a joy to see so many smiles, hear great music, and watch our members continue to grow as dancers and as a community.

We enjoyed plenty of great dancing this month, along with a great waltz lesson from David and Trish and our special WCS workshop with Brandi Guild. Thank you for those great and well appreciated lessons. Also, the Traveling Dancers kickoff event with Taylor Frederking was a big success. Whether you came out to dance every song, joined in the fun from the sidelines, helped welcome new members, or volunteered your time, you helped create the friendly and lively spirit that makes our club so special.

Looking ahead, we are excited for more opportunities to dance, learn, laugh, and spend time together. If you have not been able to join us recently, we hope to see you soon. And if you are a regular on the floor, thank you for continuing to make each event welcoming and enjoyable. Let's keep the music playing, the feet moving, and the fellowship growing. I look forward to seeing all of you at our upcoming dances!



Activities Director | **Lisa Simmons**

Please mark your calendars for these upcoming special events:

- September 6 - September birthday celebration
- September 20 - 50's/60's party
- November 1 - Halloween Costume party

From the Archives

Did you know? The original club logo was designed by Lowell Gosser. This image has been digitally restored from an image in the 1970-2005 Yearbook on the Photos page on our website. Do you know who designed the logo we use today? And what year did we start using it?

Submit your guess by midnight, August 15 (use the Feedback page on our website or the suggestion box at the dance) and we'll draw a random winner for a free admission to a future dance. We'll announce the winner and the answer in the September newsletter.

1971 LOGO



WHAT'S YOUR SPECIAL TALENT?

WE ARE ALWAYS LOOKING FOR PASSIONATE VOLUNTEERS TO JOIN THE TEAM. IF YOU ARE INTERESTED IN HELPING OUT, PLEASE REACH OUT TO A BOARD MEMBER.



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Thanks for all you do, Chris! We hope you had a wonderful birthday!



San Diego Swing Dance Club Rules of Conduct

- The SDSDC does not tolerate any form of sexual harassment (verbal or physical).
- Teaching on the social dance floor is not appropriate. Even so called "friendly advice" regarding another's dancing can be hurtful.
- Standing and talking on the dance floor takes away valuable dance space. Please socialize off the floor.
- Be considerate of other dancers. Remember, West Coast Swing is considered a slotted dance and that we all need to share the floor.
- It is important to try and stay in your own dance space and take smaller steps when necessary, especially when the floor is full.
- Dancing brings us into others' personal space; we all need to be aware of our personal hygiene.
- To avoid hurt feelings, if you refuse a dance for any reason, avoid accepting another invitation during the same song.
- Flirtation is a part of dancing, but sexually suggestive dancing is bad form.
- Dress appropriately with a reasonable level of decorum.
- Please bus your table and do not create additional work for our wonderful volunteers.
- When you have concerns, criticism or suggestions, please refrain from expressing these items directly toward other Club members, guests, guest dance instructors or guest DJ's at our Club. We are all emissaries of our goal of Good Will and request that these items be directed solely toward members of the Board of Directors so that they may be handled properly and within the policies of our Club and good taste.

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MEET THE TEAM

SAN DIEGO SWING DANCE CLUB, INC.
BOARD OF DIRECTORS
2026-2027



Executive Board

President..... Larry Armstrong
Vice President Meredith Anderson
Membership Jody Kravitz
Treasurer..... Marlynn Peak
Secretary..... Kathy Hord
Newsletter Editor..... Debbie Dyar
Activities Director..... Lisa Simmons
Dance Director..... David Walkup
Hospitality Director..... Larry Clendenin
Publicity Director..... Maria Tee

Appointed by the Board

Webmaster..... Jody Kravitz
Member At Large Geoff Burns

Next Board Meeting: AUGUST 2 at 12:00 PM

AUGUST BIRTHDAYS

- | | |
|--------------------|-------------------------|
| 1 Ali Afrouzi | 19 Tom Mountain |
| 8 Bob Carter | 20 Marina Davidovskaya |
| 8 Glenn Haight | 20 Taylor Frederking |
| 8 John Barck | 21 Dawn Wood |
| 15 Ione Bauman | 24 Edward Rodriguez |
| 16 Jeanne Corso | 24 Rita Havercamp |
| 16 Larry Armstrong | 25 Barbara Moore-Carter |
| 18 Charlie Bird | 29 GiGi Hermsmeier |
| 18 Launa Hoover | |

HAPPY BIRTHDAY!

*Join us on August 2 for cake as we celebrate
August Birthdays!*

ABOUT SDSDC

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of Swing Times newsletter. If you haven't been to the dance in a while, stop by soon so you can continue to enjoy dancing, fun, and friendliness that makes the SDSDC so special.

For more information please visit
www.sandiegoswingdance.com



WELCOME NEW MEMBERS

Sara Barnett
Launa Hoover
Parker Dearborn
Alex Seguritan
Don Woolery
Susan Chesbro



**MEMBER
COUNT =250**

We'd love to hear from you. Scan or
click the QR code to leave us your
feedback.



www.sandiegoswingdance.com

MAILING ADDRESS:

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